HEDIS® Diabetic Measures at a Glance

With support from their health care providers, patients can manage their diabetes properly. Please use this Provider Tip Sheet to review Healthcare Effectiveness Data and Information Set (HEDIS) diabetic measures, coding tips, and best practice recommendations.

Eligible Population

Patients 18-75 years old with diabetes (Type 1 or Type 2) with either of the following during the measurement year or the year prior to the measurement year:

- Encounter Data: Has at least **two** diagnoses of diabetes on different dates of service.
- Pharmacy Data: Has at least **one** diagnosis of diabetes and has had any of these hypoglycemic or antihyperglycemic diabetes medications dispensed:
 - » Alpha-glucosidase inhibitors
 - » Amylin analogs
 - » Antidiabetic combinations
 - » Dipeptidyl peptidase-4 (DDP-4) inhibitors
 - » Glucagon-like peptide-l (GLP I) agonists

- » Biguanides
- » Insulin
- » Meglitinides
- » Sulfonylureas
- » Thiazolidinediones
- » Sodium-glucose cotransporter 2 (SGLT2) inhibitor

HEDIS Measures, Coding Tips, and Recommendations

HEDIS Measure	Coding Tips	Recommendations	
Blood Pressure Control for Patients with Diabetes (BPD) This measure looks at the percentage of Members 18 to 75 years of age with diabetes (type 1 and 2) whose blood pressure (BP) was adequately controlled (<140/90 mm Hg) during the measurement year.	Systolic Blood Pressure CPT-CAT II: 3074F, systolic <130mmHg 3075F, systolic ≥140mmHg Biastolic Blood Pressure CPT-CAT II: 3078F, diastolic <80 mmHg 3079F, diastolic 80-89 mmHg 3080F, diastolic ≥ 90 mmHg Use CPT Category II codes when billing BP completed in the clinic or if BP was obtained during a telehealth visit.	 Take BP and record it in the patient's medical record at every office visit, telehealth visit, e-visit, or other virtual check-in. Encourage patients to use a digital device to track and report their BP values. If the reading is captured with a digital device, patient-reported data is acceptable to document in the medical record. Ranges and thresholds do not meet the criteria for this measure. A distinct numeric result for both the systolic and diastolic BP readings is required. 	

HEDIS Measure	Coding Tips	Recommendations
Blood Pressure Control for Patients with Diabetes (BPD), continued	 Confirm that CPT Category II codes listed on the superbill or within the Electronic Health Record (EHR) are valid. Consider adding a \$0.01 charge when using CPT Category II codes to ensure they are not rejected on the encounter or claim. 	 Instruct office staff to recheck BP for all patients with initial recorded readings greater than systolic 139 mm Hg and diastolic of 89 mm Hg during outpatient office visits. Staff should record the recheck in the patient's medical record. Select the appropriately sized BP cuff and place cuff on bare arm. Help the patient get a digital monitoring machine for home use and educate them on how to use it. Allow the patient to rest for at least five minutes before taking the BP reading. Review the patient's hypertensive medication history and patient compliance and consider modifying treatment plans for uncontrolled BP, as needed. If the patient's BP is out of control, refer the patient for pharmacy and/or Case Management services. Educate patients about the risks of uncontrolled blood pressure and reinforce the importance of adhering to their medication program. Refer high-risk Community First patients to our hypertension programs for additional education and support.

HEDIS Measure	Coding Tips		Recommendations
Kidney Evaluation (KED) The percentage of patients from ages 18–85 with	CPT estimated glomerular filtration rate (eGFR)	80047, 80048, 80050, 80053, 80069, 82565	Lab test reports should indicate that both an eGFR and uACR were performed during the measurement year on the same or different dates of service.
 diabetes (type 1 and type 2) who received both of the following: A kidney health evaluation defined by an estimated glomerular 	Quantitative urine albumin test	82043	 Order labs to be completed prior to patient appointments. Ensure labs are ordered at least annually, preferably at the beginning of the year. When ordering the urine test, be sure that
filtration rate (eGFR) • A urine albumin- creatinine ratio (uACR) during the measurement year.	Urine creatinine lab test	82570	the albumin and creatinine values are being measured and reported and that both codes are being billed (82043, 82570).
Glycemic Status Assessment for Patients with Diabetes (GSD)	CPT II	83036, 83037 3044F, 3046F, 3051F, 3052F	If your practice uses Electronic Medical Records (EMRs), set up flags or reminders in the system to alert your staff when a patient's screenings are due.
The GSD measure assesses the percentage of patients from ages 18-75 with diabetes (type			Send appointment reminders and call patients to remind them of upcoming appointments and necessary screenings.
1 and 2) whose most recent glycemic status			Follow up on lab test results and document them.
(hemoglobin A1C [HbA1c] or glucose management			Draw labs in your office if accessible or refer patients to a local lab for screenings.
indicator [GMI]) was at the following levels during the measurement year: • Glycemic Status <8.0% • Glycemic Status >9.0%			Remember to include the applicable category II reporting code on the claim form to help reduce the burden of HEDIS medical record reviews.
A lower rate indicates better performance.			If using an EMR system, consider electronic data sharing with Community First to capture all coded elements. Contact your Community First Provider Relations representative or call 210-358-6294 for reimbursement information.