



**Community First Health Plans has adopted the following sources for which
Medical, Behavioral, and Preventive Health Guidelines are based.**

TYPE OF GUIDANCE	ORIGINAL DATE ADOPTED	SCIENTIFIC SOURCE UPON WHICH GUIDELINE IS BASED	DATE OF GUIDELINE UPDATE BY SCIENTIFIC SOURCE	TYPE OF GUIDELINE	AGE RANGE OF GUIDELINE
Alcohol Use Disorder	2020	The American Psychiatric Association Practice Guideline for the Pharmacological Treatment of Patients with Alcohol Use Disorder https://www.psychiatry.org/psychiatrists/practice/clinical-practice-guidelines	2018	Behavioral Health	Adult
Alzheimer's Disease	2020	Alzheimer's Association https://www.alz.org/professionals/health-systems-medical-professionals/guidelines_index_(1)	2024	Medical	Adult
Anxiety	2020	Anxiety and Depression Association of America, Generalized Anxiety Disorder https://adaa.org/professionals/research-practice/clinical-practice-tools	2024	Behavioral Health	Adult/ Pediatric
		American Academy of Child and Adolescent Psychiatry, Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents With Anxiety Disorders https://www.jaacap.org/article/S0890-8567(20)30280-X/fulltext	2020		
Asthma	2002	Diagnosis and Management of Asthma: National Heart, Lung, and Blood Institute (NHLBI) https://www.nhlbi.nih.gov/health-topics/all-publications-and-resources/2020-focused-updates-asthma-management-guidelines	2020	Medical	Adult/ Pediatric
	2024	Global Initiative for Asthma https://ginasthma.org/wp-content/uploads/2022/07/GINA-Main-Report-2022-FINAL-22-07-01-WMS.pdf	2022		

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Attention Deficit Hyperactivity Disorder	2002	American Academy of Pediatrics - Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents Pediatrics American Academy of Pediatrics (aap.org)	2019	Behavioral Health	Pediatric
	2020	Society for Developmental and Behavioral Pediatrics, Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents with Complex Attention Deficit/Hyperactivity Disorder https://sdbp.org/adhd-guideline/cag-guidelines/	2020		
Bipolar Disorder	2020	U.S. Department of Veterans Affairs/Department of Defense (VA/DoD) Clinical Practice Guidelines, Management of Bipolar Disorder https://www.healthquality.va.gov/guidelines/MH/bd/VA-DOD-CPG-BD-Full-CPGFinal508.pdf	2023	Behavioral Health	Adult/ Pediatric
Bronchiolitis	2020	American Family Physician – Respiratory Syncytial Virus Bronchiolitis : Rapid Evidence Review https://www.aafp.org/pubs/afp/issues/2023/0700/respiratory-syncytial-virus-bronchiolitis.pdf	2023	Medical	Pediatric
	2021	American Academy of Pediatrics - The Diagnosis, Management, and Prevention of Bronchiolitis https://publications.aap.org/pediatrics/article/134/5/e1474/75848/Clinical-Practice-Guideline-The-Diagnosis	2021		
Cancer	2020	National Comprehensive Cancer Network Clinical Practice Guidelines in Oncology https://www.nccn.org/professionals/physician_gls/default.aspx	2025	Medical	Adult/ Pediatric
Cardiovascular Disease	2020	2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease 2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease: Executive Summary: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines Circulation (ahajournals.org)	2019	Medical	Adult

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Child Abuse and Neglect	2020	National Institute for Health and Care Excellence – Child Abuse and Neglect Guideline https://www.nice.org.uk/guidance/ng76/chapter/Recommendations	2017	Medical	Pediatric
		U.S. Department of Health and Human Services, Children's Bureau-recognizing the signs and symptoms https://www.childwelfare.gov/pubpdfs/whatiscan.pdf	2019		
Chronic Obstructive Pulmonary Disease (COPD)	2020	Global Strategy for the Diagnosis, Management and Prevention of Chronic Obstructive Pulmonary Disease https://goldcopd.org/wp-content/uploads/2024/02/GOLD-2024_v1.2-11Jan24_WMV.pdf	2024	Medical	Adult
Coronary Artery Disease	2020	American Heart Association, Get With the Guidelines®- CAD https://www.heart.org/en/professional/quality-improvement/get-with-the-guidelines/get-with-the-guidelines-coronary-artery-disease	2024	Medical	Adult
COVID-19	2024	IDSA Guidelines on the Treatment and Management of Patients with COVID-19 https://www.idsociety.org/practice-guideline/covid-19-guideline-treatment-and-management/	2024	Medical	Adult
Depression	2005	Nonpharmacologic and Pharmacologic Treatments of Adults in the Acute Phase of Major Depressive Disorder: A Living Clinical Guideline from the American College of Physicians https://www.acpjournals.org/doi/10.7326/M22-2056	2023	Behavioral Health	Adult
	2005	Management of Major Depressive Disorder: VA/DOD https://www.healthquality.va.gov/guidelines/mh/mdd	2022		Adult
	2007	Guidelines for Adolescent Depression in Primary Care (GLAD-PC): Part I. Practice Preparation, Identification, Assessment, and Initial Management and Part 2: Treatment and Ongoing Management	2018		Pediatric

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Diabetes	2002	American Diabetes Association – Standards of Medical Care in Diabetes https://diabetesjournals.org/care/issue/48/Supplement_1	2025	Medical	Adult/ Pediatric
	2019	Diabetes Health Practitioner Guidance and Training Diabetes Health Practitioner Guidance and Training Texas DSHS	2024		
Eating Disorders	2025	American Psychiatric Association: Practice Guideline for the Treatment of Patients with Eating Disorders https://psychiatryonline.org/doi/epdf/10.1176/appi.books.9780890424865	2023	Medical	Adult/ Pediatric
Heart Failure	2020	American Heart Association, Get with the Guidelines® – Heart Failure https://www.heart.org/en/professional/quality-improvement/get-with-the-guidelines/get-with-the-guidelines-heart-failure	2024	Medical	Adult
	2020	American Heart Association, Target: Heart Failure https://www.heart.org/en/professional/quality-improvement/target-heart-failure			
Hepatitis C Virus Infection	2024	HCV Guidance: Recommendations for Testing, Managing, and Treating Hepatitis C https://www.hcvguidelines.org/	2023	Medical	Adult
High Blood Cholesterol	2005	AHA/ACC/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA - Guideline on the treatment of blood cholesterol to reduce atherosclerotic cardiovascular risk in adults http://www.onlinejacc.org/content/early/2018/11/02/j.jacc.2018.11.003?ga=2.70308240.1657840953.1551735042-598972445.1551735042	2019	Medical	Adult
HIV	2024	Primary Care Guidance for Providers Who Care for Persons With Human Immunodeficiency Virus: 2024 Update by HIVMA/IDSA https://www.idsociety.org/practice-guideline/primary-care-management-of-people-with-hiv/	2024	Medical	Adult
	2024	Department of Health and Human Services, Office of AIDS Research Advisory Council, Recommendations for the Use of Antiretroviral Drugs During Pregnancy and Interventions to Reduce Perinatal HIV Transmission in the United States https://clinicalinfo.hiv.gov/en/guidelines/perinatal/panel-roster?view=full	2024		Pediatric

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Hypertension	2019	American College of Cardiology – Guidelines for High Blood Pressure in Adults https://www.acc.org/latest-in-cardiology/ten-points-to-remember/2017/11/09/11/41/2017-guideline-for-high-blood-pressure-in-adults	2018	Medical	Adult
	2017	American Academy of Pediatrics, Clinical Practice Guideline for Screening and Management of High Blood Pressure in Children and Adolescents https://publications.aap.org/pediatrics/article/140/3/e20171904/38358/Clinical-Practice-Guideline-for-Screening-and	2017		Pediatric
Immunization	2002	Centers for Disease Control and Prevention – Immunization Schedules https://www.cdc.gov/vaccines/hcp/imz-schedules/	2024	Preventive	Adult/ Pediatric
Kidney Disease	2020	National Kidney Foundation, Guidelines, and Commentaries https://www.kidney.org/professionals/guidelines/guidelines-commentaries	2024	Medical	Adult/ Pediatric
Liver Disease	2020	American Association for the Study of Liver Diseases, Practice Guidelines https://www.aasld.org/publications/practice-guidelines	2024	Medical	Adult/ Pediatric
Obesity Management	2020	American Association of Clinical Endocrinologists and American College of Endocrinology – Comprehensive Clinical Practice Guidelines for Medical Care of Patients with Obesity https://www.endocrinepractice.org/article/S1530-891X(20)44630-0/fulltext	2016	Medical	Adult/ Pediatric
	2016	American Academy of Pediatrics: 2023 Clinical Practice Guideline for the Evaluation and Treatment of Children and Adolescents with Obesity https://publications.aap.org/pediatrics/article/151/2/e2022060640/190443/Clinical-Practice-Guideline-for-the-Evaluation-and	2023		Pediatric
Outpatient Parenteral Antimicrobial Therapy	2024	Clinical Practice Guideline for the Management of Outpatient Parenteral Antimicrobial Therapy: 2018 IDSA https://www.idsociety.org/practice-guideline/outpatient-antimicrobial-parenteral-therapy/	2018	Medical	Adult

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Prenatal / Postpartum Care	2020	The American College of Obstetricians and Gynecologists (ACOG's) Clinical Guidelines related to perinatal and postpartum care https://www.acog.org/clinical/search#q=prenatal%20care&sort=relevancy	2025	Medical	Adult
		https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2018/05/optimizing-postpartum-care	2018		
Preventive Health	2020	Current guidelines for pediatric – well child by Texas Department of Health and Human Services – Texas Health Steps based on American Academy of Pediatrics https://www.txhealthsteps.com/texas-health-steps-medicaid-resource-center	2024	Preventive	Pediatric
	2018	U.S. Preventive Services Task Force – Published Recommendations for Primary Care Practice https://www.uspreventiveservicestaskforce.org/BrowseRec/Index	2025		Adult/ Pediatric
Schizophrenia	2020	The American Psychiatric Association Practice Guideline for Treatment of Patients with Schizophrenia https://www.psychiatry.org/psychiatrists/practice/clinical-practice-guidelines	2024	Behavioral Health	Adult
Stroke	2020	American Heart Association, Get With the Guidelines® – Stroke https://www.heart.org/en/professional/quality-improvement/get-with-the-guidelines/get-with-the-guidelines-stroke	2024	Medical	Adult
		American Heart Association/American Stroke Association: 2024 Guideline for the Primary Prevention of Stroke https://www.ahajournals.org/doi/epub/10.1161/STR.0000000000000475			